

# Week 01 Small group

Living Worthy, Keeping Unity



## **Warm up question**

Denominations – a blessing or a curse? Discuss!

## **Recap**

Most small groups will have studied Ephesians 1-3 in the spring term of 2017. Take 5-10 minutes at the start of your study to read these chapters. What stands out for you?

## **Read**

Read Ephesians 4:1–6.

## **Study**

1. What is the difference between unity and uniformity?
2. In verse 1 Paul *urges* or *begs* the Ephesians to live a worthy life, before he goes on to address the subject of unity. Why is unity central to the Christian life? What does unity demonstrate about the Church, and the heart of Father God?
3. How important is humility (verse 2) for unity?
4. What does “bearing with one another in love” mean? What helps you to keep this command (no need to name names here!)?
5. How can we play our part in keeping the unity the Spirit has given, (a) in attitude and (b) in behaviour? How could we turn up the volume on unity between us?
6. Reflect on each item from the passage preceded by the word ‘one’. What is Paul seeking to counter as he states the importance of each ‘one’? (For example: one body emphasises different parts functioning as one augmented whole, so avoiding falsely elevating the importance that one part plays over another.)

## **Pray**

Ask Father God to bring to our attention any adjustments we need to make personally in attitude or behaviour. Share and pray for each other.